



## ***7.2.2 Best Practice-II***



### ***Women Empowerment Programme***





### Women Empowerment Programme

Name of the extension activity	Organising unit/ agency/ collaborating agency	Name of the Scheme	Year of the activity
Mahila Poshan Aahar Seminar	NSS & Women Empowerment Cell	Women empowerment and Health Awareness	2021-22
A Skit on Beti Bachhav Campion	NSS, Women Empowerment Cell & CSR Cell	Gender Issues, Women Empowerment	2021-22
Save Girl Child	NSS Unit & Women Empowerment Cell	Gender Issues, Women Empowerment	2021-22
Nirbhay Kanya Abhiyan workshop	Student Development Cell	Gender Issues, Women Empowerment	2021-22
Savitri Mahotsav	Student Development Cell	Gender Issues, Women Empowerment	2021-22
International Women's Day	NSS Unit & Women Empowerment Cell	Gender Issues, Women Empowerment	2021-22
Workshop on "Stri Purush Samanta"	NSS Unit	Gender Issues, Women Empowerment	2021-22



**Dr. C. J. Bhangale**  
**Principal**  
**Principal**  
**College of Pharmacy, Chincholi**  
**Tal. Sinnar, Dist. Nashik 422102**

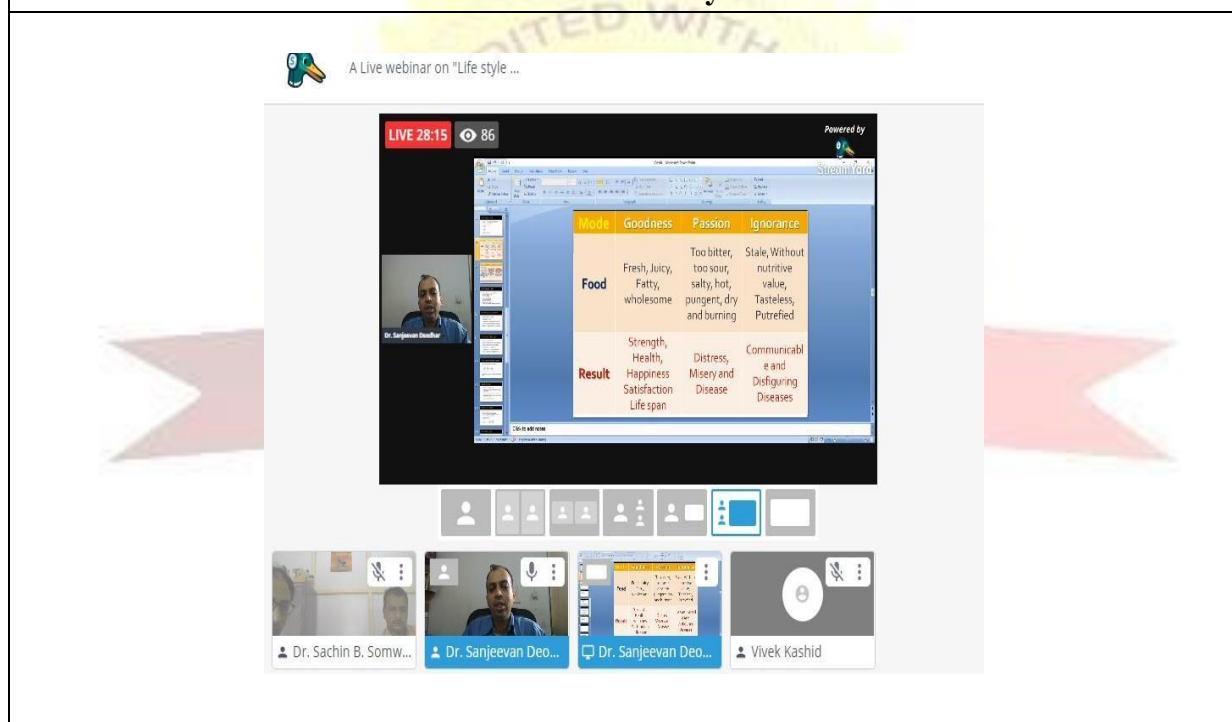


**Report  
NSS DAY 2021**

**Date: 16/09/2021**

<b>Name of Department/ Committee</b>	National Service Scheme (DSF114)
<b>Name of the event</b>	Mahila Poshan Aahar Seminar
<b>Date</b>	16 <sup>th</sup> Sept 2021
<b>Name of the coordinator</b>	Miss. Kaveri Vaditake
<b>Name of the Expert</b>	Dr. Sanjivan Deodhar, Director, Vatsal Ayurvedic Pvt. Ltd., Nashik
<b>Objective of the event</b>	-To creating awareness among students about health,
<b>No. of Participant</b>	Students participated (96)

**Photo Gallery**



*Vaditake*

**Ms. Kaveri T. Vaditake**  
NSS Coordinator



*Bhangale*

**Dr. C. J. Bhangale**  
Principal  
Principal  
College of Pharmacy, Chincholi  
Tal. Sinnar, Dist. Nashik 422102



**Report on  
A Skit on Beti Bachhav Campion**

<b>Name of Department/ Committee</b>	NSS unit, Women Empowerment Cell & CSR Cell
<b>Title of the event</b>	A Skit on Beti Bachhav Campion
<b>Date</b>	20/12/2021
<b>Name of the coordinator</b>	Ms. Kaveri T. Vaditake, NSS Co-ordinator, Mrs Sangeeta Bhandare, Student development Officer and Dr. Sachin B. Somwanshi
<b>Objective of the event</b>	To raise awareness about the human values, gender issues, beti bachhav abhiyaan.
<b>No. of Participant (Student+ Staff)</b>	25+3

**Details of the Event**

As part of social responsibility, NSS department, Women Empowerment Cell in collaboration with CSR cell of the college performed a skit on Beti Bachhav at Mohu Village in front of villagers and students to increase awareness about girl child birth. The Program was coordinated by Ms. Kaveri T. Vaditake, NSS Co-ordinator, Sangeeta Bhandare, Student development Officer and Dr. Sachin B. Somwanshi.

**Photo Gallery**



Moh, Maharashtra, India  
Sinnar highway, Moh, Maharashtra 422102, India  
Lat N 19° 54' 34.1748"  
Long E 73° 56' 1.428"  
20/12/21 11:16 AM



Moh, Maharashtra, India  
Sinnar highway, Moh, Maharashtra 422102, India  
Lat N 19° 54' 33.966"  
Long E 73° 56' 1.4028"  
20/12/21 11:18 AM



*Vaditake*

**Ms. Kaveri T. Vaditake**  
NSS Coordinator

*Bhandare*

**Mrs. Sangita Bhandare**  
SDO

*Bhangale*

**Dr. C. J. Bhangale**  
Principal  
College of Pharmacy, Chincholi  
Tal. Sinnar, Dist. Nashik 422102



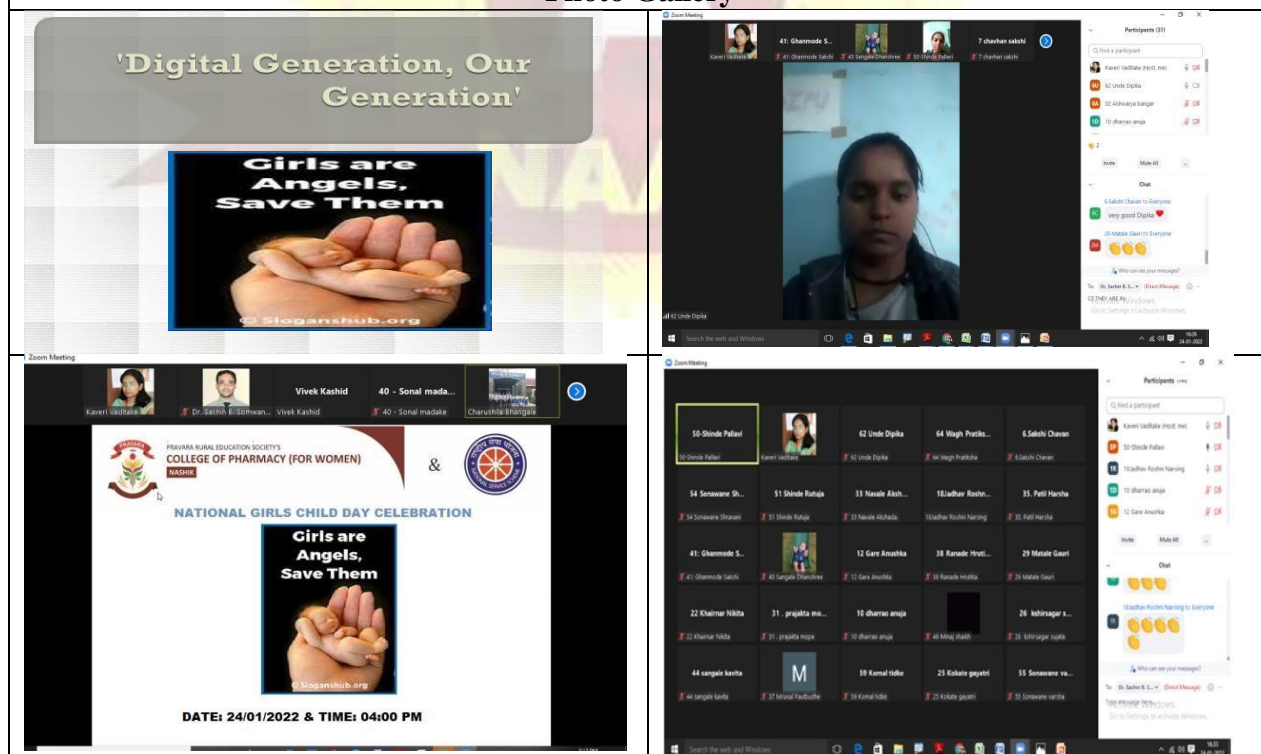


**Report**  
**NATIONAL GIRL CHILD DAY-2022**

**Date: 24/01/2022**

<b>Name of Department/Committee</b>	National Service Scheme (DSF114)
<b>Name of event organized</b>	National girl child day 2021
<b>Title of the event</b>	Empower girls for a brighter tomorrow.
<b>Date of event organized</b>	24 <sup>th</sup> Jan 2022
<b>Name of the coordinator of event</b>	Ms. Kaveri T. Vaditake
<b>No. of Participant (Student+ Staff)</b>	100
<b>Objective of the event</b>	-To prevent gender biased sex selective elimination. -To ensure survival and protection of the girl child. -To ensure education and participation of the girl child.
<b>Outcome of the event</b>	-Created awareness and changed mindsets to ensure that communities and families welcome and celebrate daughters.
<b>Event Organised</b>	<div> <b>1)Speech</b>  <b>Name of participant</b>            -Gare Anusha            -Shinde Pallavi         </div> <div> <b>2) Peom Reading</b>  <b>Name of participant</b>            -Unde Dipika            -Shinde Rutuija         </div>

**Photo Gallery**



*Vas.*  
**Ms. Kaveri T. Vaditake**  
NSS Co-ordinator



*Bhangale*  
**Dr. C. J. Bhangale**  
Principal  
College of Pharmacy, Chincholi  
Tal. Sinnar, Dist. Nashik 422102

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AISHE:C-44115



## Report

### “Nirbhaya Kanya Abhiyan”

<b>Name of Department/Committee</b>	Student Development Department
<b>Name of event organized</b>	“Nirbhaya Kanya Abhiyan”_ Efforts to strengthen girls through 'Nirbhay Kanya' workshop
<b>Date of event organized</b>	12 <sup>th</sup> February and 14 <sup>th</sup> February 2022
<b>Name of the coordinator of event</b>	Mrs. Sangita Bhandare
<b>Class of the Participant</b>	Student
<b>No. of Participant (Student+ Staff)</b>	61
<b>Name of the Expert with designation and Contact Number</b>	Mr. Vinay Sharma, Shotokan Karate, 9403855529 Dr. Rohini Ayhad, MD (Ayurved), 8275256887 Dr. Shahista Inamdar (Advocate), 8446541984
<b>Objective of the event</b>	The main objectives of Nirbhaya Kanya Abhiyan includes development of self confidence how to defend one self in any situation, training in self defense and finally make them fearless and be ready to face any unwanted situation. To organize the expert session on Importance of Health and laws related to Women.
<b>Outcome of the event</b>	Students understood the importance of Health and hygiene. Gain Knowledge about different laws for women and different steps of Karate for Self defence.

**Details:** “Nirbhay Kanya Abhiyan workshop” was held in association with Savitribai Phule Pune University and Student Development Department at Pravara Rural Education Society's, College of Pharmacy (For Women), Chincholi, Nashik. Nirbhaya Kanya Abhiyan introduced by the University to develop the confidence and personality of a lady student who comes from the rural areas and are deprived sections of society. Student have to travel daily by bus or other means of transport to attend their college It is very likely that these lady students during their travel may experience all sorts of atrocities in a challenging environment.

On 12th Feb 2022, Mr. Vinay Sharma, a coach from Shotokan Karate Nashik, demonstrated to the students how to escape from their clutches if anyone attacked them.

He also called for fighting in difficult times by highlighting the importance of physical fitness followed by Seminar on 14th Feb 2022. Dr. Rohini Gaikwad guided to students about 'Women's Health and Sanitation'. Later speaking on the topic of 'Women's Laws', Dr. Shahista Inamdar said, "There is a need for new laws for women. But there is a also need for awareness of the existing laws and some changes in them. We have to have control over how much we should express ourselves on social media.' The workshop was coordinated by Mrs. Sangeeta Bhandare, Student development Officer.





## Photo gallery



सावित्रीबाई फुले पुणे विद्यापीठ, विद्यार्थी विकास मंडळ  
आणि

प्रवरा ग्रामीण शिक्षण संस्थेच्या,  
औषधनिर्माणशास्त्र महाविद्यालय (महिला), चिंचोली  
यांच्या संयुक्त विद्यमाने

**निर्भय कन्या अभियान अंतर्गत**  
**Workshop on**  
**WOMEN SELF DEFENCE**  
**मेरी सुरक्षा मेरी जिम्मेदारी**

By  
**Vinay Sharma, Shotokan Karate**  
Black Belt 2 Den  
A Self Defence Instructor and Martial art expert  
who works in the area of sports and fitness.

Date: 12 February 2022,  
Time: 11.00 AM



Organized by,  
Student Development  
Department

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AISHE Code No. C-44115

Address : At./Po. Chincholi, Tal. Sinnar, Dist. Nashik (M.S.) Pin : 422 102  
Ph No. : +91-2551-271178 | Website : www.pravara.in | Email : principal.bpharmwomensnashik@pravara.in



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औषधनिर्माणशास्त्र महाविद्यालय (महिला), चिंचोली  
यांच्या संयुक्त विद्यमाने

**निर्भय कन्या अभियान अंतर्गत कार्यशाळा**



डॉ. शाहिस्ता इनामदार  
विषय: महिलाविषयक कायदे



डॉ. रोहिणी आव्हाड  
विषय: महिला आरोग्य आणि स्वच्छता

दिनांक: १४/०२/२०२२,  
सोमवार



विद्यार्थी विकास मंडळ  
द्वारे आयोजित

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AISHE Code No. C-44115

Address : At./Po. Chincholi, Tal. Sinnar, Dist. Nashik (M.S.) Pin : 422 102  
Ph No. : +91-2551-271178 | Website : www.pravara.in | Email : principal.bpharmwomensnashik@pravara.in



Nashik, Maharashtra, India

Longitude 73.9328° E Latitude 19.8862° N  
25° C  
Saturday, 12, Feb, 2022 11:58 AM



Nashik, Maharashtra, India

Longitude 73.9328° E Latitude 19.8862° N  
26° C  
Saturday, 12, Feb, 2022 12:33 PM



Nashik, Maharashtra, India

Longitude 73.9358° E Latitude 19.8889° N  
24° C  
Monday, 14, Feb, 2022 11:40 AM



Nashik, Maharashtra, India

Longitude 73.9328° E Latitude 19.8864° N  
26° C  
Monday, 14, Feb, 2022 11:57 AM

*Sangita Bhandare*

**Co-ordinator**

(Mrs. Sangita Bhandare)



*C. J. Bhangale*

**Principal**

(Dr. C. J. Bhangale)

**Principal**  
**College of Pharmacy, Chincholi**  
**Tal. Sinnar, Dist. Nashik 422102**

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AISHE-C-44115

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## Report

### “Savitri Mahostav”

Name of Department/Committee	Student Development Department
Name of event organized	“Savitri Mahostav”
Date of event organized	14 <sup>th</sup> February 2022
Name of the coordinator of event	Mrs. Sangita Bhandare
Class of the Participant	Student
No. of Participant (Student+ Staff)	65
Objective of the event	The main objectives of Savitri Mahostav to appreciate the struggle and work of Savitribai phule which was done for education of women.
Outcome of the event	Students understands the different aspects of “Jeevan and Karya of Savitribai phule” and the dedication given by her for the development of education for women.

#### Details:

In Savitribai Phule Pune University on 14/02/2022 unveiled the statue of Savitribai Phule. On the occasion of this event, lectures, singing, poetry, powada, dance, etc. were organized under the initiative "Savitri Mahotsav" under the Student Development Department to make the students aware of the "Life and Work of Savitribai Phule" in the Pravara Rural Education Society's, College of Pharmacy (For Women), Chincholi, Nashik on 14th Feb 2022.

#### Photo gallery







PRAVARA RURAL EDUCATION SOCIETY'S  
**COLLEGE OF PHARMACY (FOR WOMEN)**  
NASHIK



Nashik, Maharashtra, India



Longitude 73.9329° E Latitude 19.8864° N

28° C  
Monday, 14, Feb, 2022 04:10 PM



Nashik, Maharashtra, India



Longitude 73.9329° E Latitude 19.8864° N

28° C  
Monday, 14, Feb, 2022 04:23 PM



Nashik, Maharashtra, India



Longitude 73.9329° E Latitude 19.8864° N

28° C  
Monday, 14, Feb, 2022 04:10 PM



Nashik, Maharashtra, India



Longitude 73.9329° E Latitude 19.8864° N

28° C  
Monday, 14, Feb, 2022 04:27 PM



**Co-ordinator**

(Mrs. Sangita Bhandare)

**Principal**

(Dr. C. J. Bhangale)

**Principal**

College of Pharmacy, Chincholi

Tal. Sinnar, Dist. Nashik 422102

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Ph No.: +91-2551-271178 | Website : [www.wcopcpravara.in](http://www.wcopcpravara.in) | Email - [principal.bpharmwomennashik@pravara.in](mailto:principal.bpharmwomennashik@pravara.in)



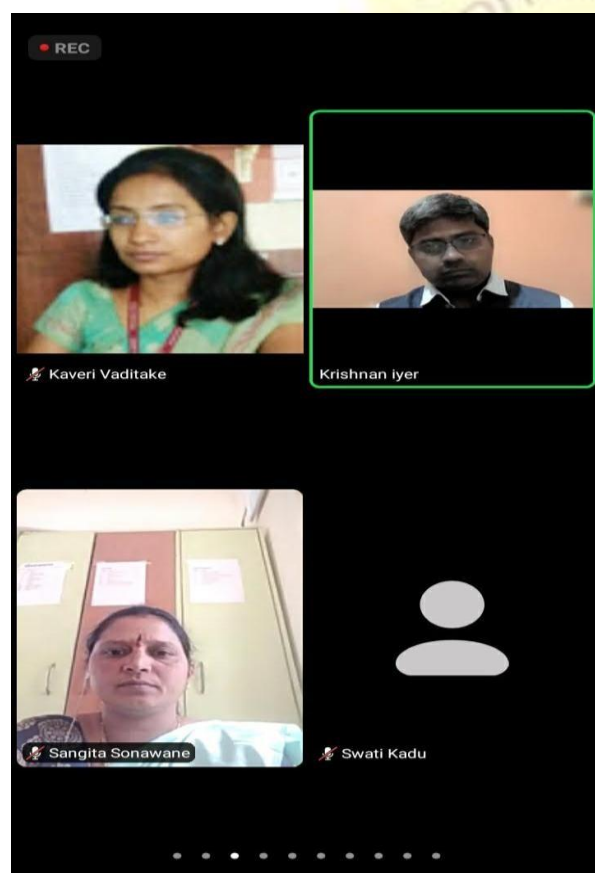
**Report on**

**Date: 08/03/2022**

**INTERNATIONAL WOMEN'S DAY CELEBRATION\_“WE\_ARE\_EQUAL”**

<b>Name of Department/ Committee</b>	National Service Scheme (DSF114), Women Empowerment Cell
<b>Name of the event</b>	International Women's Day Celebration
<b>Title of the event</b>	International Women's Day Celebration
<b>Date</b>	8 <sup>th</sup> March 2022
<b>Name of the coordinator</b>	Ms. Kaveri T. Vaditake and Mrs. Roma M. Sharma
<b>Objective of the event</b>	To raise awareness about the status and dignity of women among the students.
<b>Outcome of the event</b>	Was to take more advantage of the potentials and talents of half of the humanity, and not just seek to consecrate gender equality in principle.
<b>No. of Participant (Student+ Staff)</b>	210+15
<p>"International Women's Day" was celebrated in association with Savitribai Phule Pune University, Internal Quality Assurance Cell, Student Development Board, National Service Scheme, Women's Grievance Redressal Committee at College. At the beginning of the programme, The Financial Advisor from Nashik, Dr. Krishnan Iyer organized an awareness programme through a webinar on "Financial Arrangements" for students and women teachers. Chairman of the programme, Principal Dr. Charushila Bhangale honoured the power of women by giving roses to all ladies faculty members and student representatives on the occasion of International Women's Day. The girls of the college had come dressed as some Outiful women. The girls expressed their feelings. The day was celebrated with various competitions and entertainment. The program is coordinated by Ms Kaveri T. Vaditake and Mrs. Roma Sharma. While the programme was moderated by college students' council president Anjali Divte and Avantika Dhodre. The programme was concluded after the National Anthem.</p>	
<b>Photo Gallery</b>	





Close Participants (94)

Search

- Kaveri Vaditake (me)
- Krishnan iyer (Host)
- Advisors org (Co-host)
- 2G 29 Gauri Matale
- AN Aakanksha Nikam
- AB Akshata Bhalerao
- AL Akshita Lokhande
- AC Amruta Chalak
- AD Ankita Damodar
- AT Anuradha Tupe
- AH ARCHANA HATKAR
- AH ARCHANA HATKAR
- AA Ashwini Amrutkar

Invite

*Vas.*

**Ms. Kaveri T. Vaditake**  
NSS Coordinator



*Bhangale*


**Dr. C. J. Bhangale**  
Principal  
Principal  
College of Pharmacy, Chincholi  
Tal. Sinnar, Dist. Nashik 422102





## REPORT

### WORKSHOP ON “STRI PURUSH SAMANTA”

<b>Name of Department/ Committee</b>	National Service Scheme (DSF114)
<b>Name of the event</b>	Two days college level workshop on “Stri Purush Samanta” in sponsored by Savitribai Phule Pune University,Pune_NSS Department
<b>Title of the event</b>	Two days college level workshop on “Stri Purush Samanta under Uvak-uvati unnanikaran Karyakram and Prashikshan Karyashala
<b>Date</b>	23 <sup>rd</sup> March 2022 & 24 <sup>th</sup> March 2022
<b>Name of the coordinator</b>	Ms. Kaveri T,Vaditake
<b>Name of the Expert</b>	Adv. C. D. Bhojane, Social Counciller, Sinnar Prof. Dattatray Aher, Reti. Principal, Govt. College, ITI, Nashik
<b>Objective of the event</b>	To contribute to the clarification of the gender-transformative concept, share insights, lessons and good practices
<b>Outcome of the event</b>	The workshop raised awareness on gender-transformative practices. It introduced the conceptual framework used to identify practices and results for transformative changes presenting practical examples
<b>Event</b>	-Awareness Programme by Guests -Student-Student interaction through transformative concept, share insights, lessons and good practices
<b>No. of Participant</b>	B. Pharmacy Students and Faculty Members
	



## RESOURCE PERSON

Resource Person	Topic covered
Adv. C. D. Bhojane, Mobile: 7030197877	<a href="#">Gender Equality and Women's Empowerment</a>
Prof. Dattatray Aher Mobile: 9423476346	How to make life stress free and its managements for girl students

## CONVENER

**Dr. Charushila J. Bhangale**

**Principal**

**College of Pharmacy (For Women), Chincholi,  
Sinnar, Nashik, 422103**

## COORDINATOR

**Ms. Kaveri T. Vaditake**

**NSS Program Officer**





### PROGRAM SCHEDULE

#### 23/03/2022, Wednesday

09.30- 10.00 am	Inauguration	By Dr. Charushila J. Bhangale, Principal
10.00-10.15 am	Pratima Pujan	Pratima Pujan
10.15-10.30 am	Introduction of Guest	By Dr. Ramdas T. Dolas
10.30-12.00 pm	Gender Equality and Women's Empowerment	Adv. C. D. Bhojane
12.00-12.05 pm	Tea Break	Tea Break
12.10-01.30 pm	Session Continued	Adv. C. D. Bhojane
01.30-01.35 pm	Vote of Thanks of First Session	By. Dr. Sachin B. Somwanshi
01.40-02.40 pm	Lunch Break	Lunch Break
02.45-04.00 pm	Interactive activities	Interactive Session
04.00-04.15 pm	Feedback	Feedback

#### 24/03/2022, Thursday

10.00- 10.15 am	Second Day Session Introduction	By Dr. Suhas S. Siddheshwar
10.30-11.45 pm	How to make life stress free and its managements for girl students	Prof. Dattatray Aher
11.45-12.00 pm	Tea Break	Tea Break
12.00-01.30 pm	Session Continued	Prof. Dattatray Aher
01.30-01.35 pm	Vote of Thanks of First Session	By. Dr. Sachin B. Somwanshi
01.30-02.30 pm	Lunch Break	Lunch Break
02.45-04.00 pm	Interactive activities	Interactive Session
04.00-04.15 pm	Valedictory function	Valedictory function







## REPORT

Savitribai Phule Pune University sanctioned a grant for year 2021-22 for Two days college level workshop on “Stri Purush Samanta” under “Uvak-uvati unnanikaran Karyakram and Prashikshan Karyashala” to our college. Total 02 expert sessions & interactive activity programs on “Stri Purush Samanta” were organized by the NSS department of COPC, Nashik for the students of B. Pharmacy on 23<sup>rd</sup> March 2022 & 24<sup>th</sup> March 2022. Arrangement for the lectures was made in the seminar hall. More than 145 students and 12 faculty members were present on respective days (152 on 23/03/2022 and 146 on 24/03/2022) and benefited with this workshop. The program was coordinated by Ms. Kaveri T. Vaditake, NSS Program Officer and Dr. Sachin B. Somwanshi.

## PHOTO GALLERY



सावित्रीबाई फुले पुणे विद्यापीठ,

राष्ट्रीय सेवा योजना

आणि

प्रवरा ग्रामीण शिक्षण संस्थेच्या,

औषधनिर्माणशास्त्र महाविद्यालय (महिला), चिंचोली

यांच्या संयुक्त विद्यामने

**स्त्री पुरुष समानता**

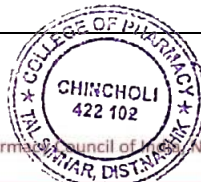


युवक युवती उन्नयनीकरण कार्यक्रम व प्रशिक्षण कार्यशाळा

दिनांक: २३ मार्च २०२२ ते  
२४ मार्च २०२२



Organized by,  
राष्ट्रीय सेवा योजना  
D-SF-११४

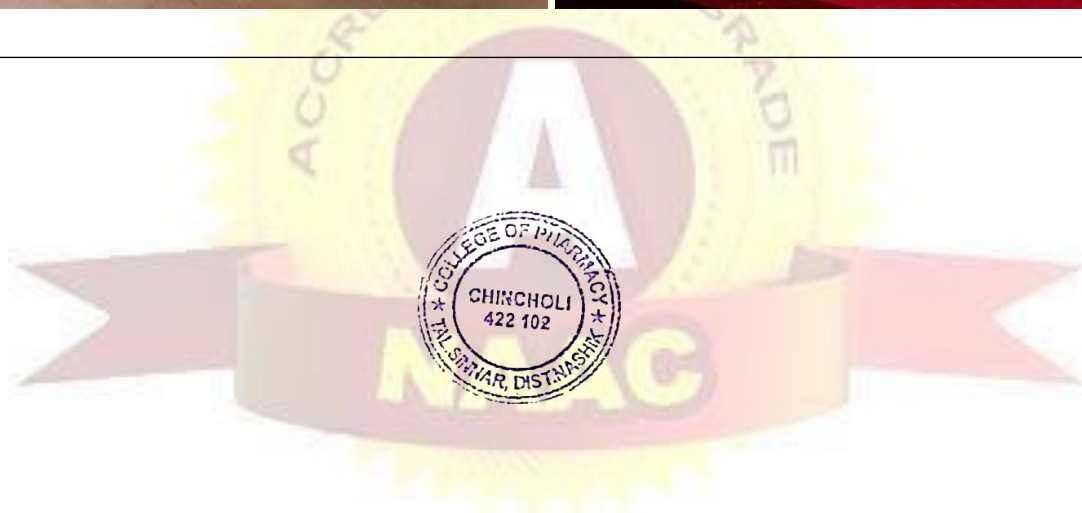








PRAVARA RURAL EDUCATION SOCIETY'S  
**COLLEGE OF PHARMACY (FOR WOMEN)**  
NASHIK



*Vas.*

**Ms. Kaveri T. Vaditake**  
NSS Co-ordinator

*Bhangale*

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