

Best Practice II

Women Empowerment to create power in students over their own lives, society

In community



1. Title of the Practice:

Women empowerment to create power in students over their own lives, society and in community

2. Objectives of the Practice:

Women Empowerment will be able to:

- 1. Give self confidence, self defense, self determination and positive attitudinal change.
- 2. Develop competent and socially sensitive women pharmacist committed to healthcare needs of society.
- 3. Help them to be truly ambitious and to dream for their betterment.
- 4. Strengthening legal systems aimed at elimination of all forms of discrimination against women's.
- 5. Highlight the importance of spirituality, health, hygiene and safety
- 6. Inculcate entrepreneurial attitude among young girls, scientists at the earliest so that they can be "job providers" rather than "job seekers".

3. The Practice:

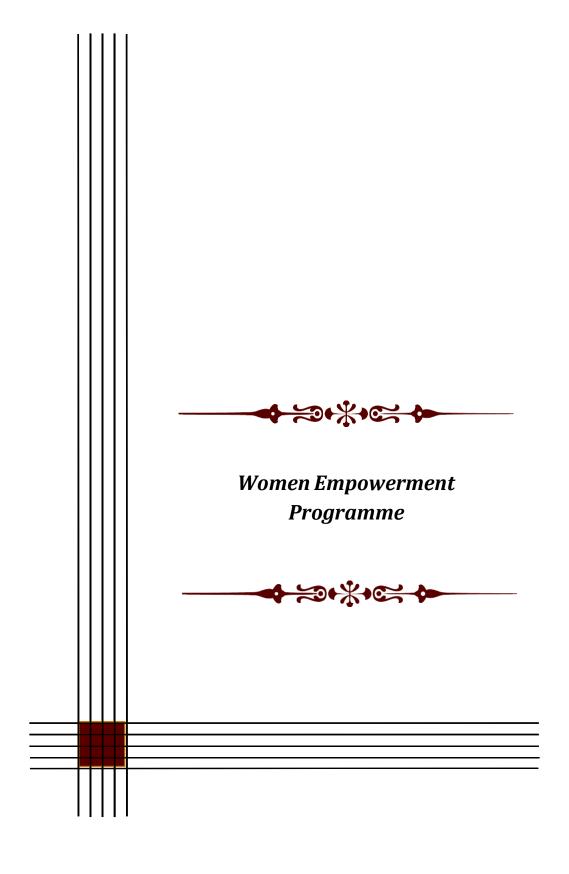
- 1. In order to empower Women College under student development cell organizes Nirbhay Kanya Abhiyan, Bharat Abhiyan and Sahas Shibir etc.
- Students perform the activities under Corporate Social Responsibilities like Say no to
 plastic, Say No to Tobacco, Tree Plantation, Cleanliness awareness, endowment to tribal
 people and tribal schools sensitize students about their role as responsible women of
 today.
- 3. Spiritual practices and yoga has augmented the concentration power which is evidently resulted in boost up of University ranks.
- 4. Lectures on women safety are also conducted. The girl students are assured of their well-being, safety, security and mental health and are encouraged to approach any faculty for their grievances.
- 5. Educational and motivational talks and events have been engaged to make them know their importance as a Pharmacist in the society.
- 6. Efforts are taken by the entire college staff and management to cater to the shaping of the future of students in a distinctive manner by providing them platform to showcase their

talent and bring out their scientific and technical capabilities along with cultivating a genuine inclination towards higher education.

Dr. C. J. Bhangale

Principal

Principal
Cellege of Pharmacy, Chincholi
Tel. Stanar, Diot. Nashik 422102



Women Empowerment Programme 2020-2021

Name of the extension activity	Organizing unit/ agency/ collaborating agency	Name of the Scheme	Year ofthe activity
Street Play on Stri Bhrun Hatya	Women Empowerment Cell & CSR Cell	Women empowerment	2020-2021
International Women' Day Celebration	National Service Scheme (DSF114), Women Empowerment Cell	Women empowerment	2020-2021
A talk on Women-Health and Nutrition	Women Empowerment Cell & NSS Unit	Women empowerment	2020-2021
Street Play on Gender Sensitization and Gender Parity	Women Empowerment Cell & NSS Unit	Women Empowerment	2020-2021
Women's Sexual Harassment at Workplace	Internal Complaint Committee	Women Empowerment	2020-2021
Nirbhaya Kanya Abhiyan	Student nya Abhiyan Development Department		2020-2021



Dr. Charushila J. Bhangale

Principal Principal

College of Pharmacy, Chincholi Tal. Signar, Dist. Nashik 422102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University. Pune Report on "Street Play on Stri Bhrun Hatya"

Name of Department/ Committee	Women Empowerment Cell & CSR Cell	
Title of the event	"Street Play on Stri Bhrun Hatya"	
Date	19 th Feb 2021	
Name of the coordinator	Dr. Anagha Baviskar	
Objective of the event	To raise awareness about the human values, gender issues, stri bhrun hatya.	
No. of Participant (Student+ Staff)	32+3	

Details of the Event

As part of social responsibility, the Women Empowerment Cell in collaboration with CSR cell of the college performed a skit on Stri Bhrun Hatya a skit on topic "Stri Bhrun Hatya" related to gender issues at RMD college premises, Sinnar in association with College of D. Pharmacy, Mohu. The Program was coordinator by Dr. Anagha V. Baviskar.

Photo Gallery





Dr. A. V. Baviskar Coordinator CHINCHOLI 422 102

Dr. C. J. Bhangale
Principal
Principal

College of Pharmacy, Chincholi Tal. Signar, Dist. Nashik 422102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University. Pune

Report on International Women's Day Celebration "WE ARE EQUAL"

Name of Department/ Committee	National Service Scheme (DSF114), Women
Name of Department/ Committee	Empowerment Cell
Name of the event	International Women's Day Celebration
Title of the event	International Women's Day Celebration
Date	8 th March 2021
Name of the coordinator	Ms. Kaveri T. Vaditake
Objective of the event	To raise awareness about the status and dignity of
	women among the students.
Outcome of the event	Was to take more advantage of the potentials and
	talents of half of the humanity, and not just seek
	to consecrate gender equality in principle.
No. of Participant (Student+ Staff)	210+15
D.4. 9 641 E4	·

Details of the Event

The International Women's Day, which was observed on 8th March, 2021, was celebrated at College of Pharmacy (For Women), Chincholi, Nashik. The chief guest of the event was Hon'ble Vanitha Sanap, Campus Director, Pravara Technical Education Campus, Nashik, to make the event livelier. The programme was first started with the worship of Saraswati. The chief guest was offered a floral welcome. The inaugural note was delivered by Dr. Charushila Bhangale, Principal. She presented her views regarding this special occasion. She accented the importance of this day by saying that the celebration is being done only because no other species possess such plethora of attributes.

The chief guest, Hon'ble Vanitha Sanap, brought out the role of woman in family and society. She said that women's day is to celebrate the achievements of women in various fields and also to express our respect, appreciation & love towards the most powerful gender.

On this occasion, there were various events of celebrations and deliberations performed by the students of the college. Students, too, shared their views on woman empowerment and ongoing scenarios. A cultural show (Fancy Dress Competition) was carried out which emphasised the role of women in the society. Other events included speech competition, skit competition. At the end, price distribution for the winners was done. The

422 102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University, Pune

event was hosted by Ani Dehraj and Sejal Kharat. The Program was concluded by proposing the vote of thanks by Mrs Sangita Bhandare.

Photo Gallery











Vay.

CHINCHOLI STATE OLIMAN DISTANCE

Ms. Kaveri T. Vaditake Coordinator Mr. Vikas D. Kunde NSS Coordinator Dr. J. Bhangale
Principal
Principal

Cellege of Pharmacy, Chincholi Tel. Sinnar, Dist. Nashik 422102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University, Pune

Report on "A talk on Women - Health and Nutrition"

Name of Department/ Committee	Women Empowerment Cell & NSS Unit
Name of the event	International Women's Day Celebration
Title of the event	A talk on Women-Health and Nutrition
Date	7 th March 2021
Name of the coordinator	Ms. Kaveri T. Vaditake
Name of the Expert	Ms. Pratiksha Rajguru, Health and Wellness Coach
Objective of the event	To raise awareness about the health among the students.
No. of Participant (Student+ Staff)	205+12

Details of the Event

As part of International Women's Day Celebrations, the Women Empowerment Cell in association with NSS department and Student welfare department, organized a talk on Women–Health and Nutrition. The programme began with an introduction of the Guest Speaker, Ms. Pratiksha Rajguru by student Coordinator, Ms. Sakshi Narode. Post introduction, the programme began with pledge taking of the girl students along with the Women Empowerment Cell committee members in unison to support the #EachforEqual 2020 campaign theme to help forge women's equality. The speaker then spoke on the importance of Women – Health and Nutrition by emphasizing the importance of Balanced Diet, Diet planning, stress management, managing Over weight and Under weight problems, Life style management for healthy life, tips on eating right etc. The session was so interactive and it came alive with students' enthusiastic participation. The programme ended with a Question and Answer session with the speaker answering the queries of the students, followed by a formal vote of thanks by Sangita Bhandare. The programme culminated with WEC Convenor, Ms. Kaveri Vaditake and other committee members felicitating the speaker and thanking her for such an insightful talk.

Photo Gallery





COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University, Pune





CHINCHOLI CHINCH

Ms. Kaveri T. Vaditake Coordinator

Vay.

Dr. C. J. Bhangale Principal

Cellege of Pharmacy, Chincholi Tal. Sinnar, Dist. Nashik 422102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University, Pune

Report on "Street Play on Gender Sensitization and Gender Parity"

Name of Department/ Committee	Women Empowerment Cell & NSS Unit	
Name of the event	International Women's Day Celebration	
Title of the event	"Street Play on Gender Sensitization and Gender	
	Parity"	
Date	10 th March 2021	
Name of the coordinator	Ms. Kaveri T. Vaditake	
Objective of the event	To raise awareness about the human values,	
	gender justice, equal opportunities and	
	elimination of violence against women	
Venue	Chincholi Village	
No. of Participant (Student+ Staff)	25+4	
Details of the Event		

Details of the Event

As part of International Women's Day Celebrations, the Women Empowerment Cell in collaboration with NSS and CSR cell of the college performed a skit at Chincholi Village from 10.00 AM to 11.00 AM on 10th March 2020. The skit highlighted the critical need for gender equality, depicting the various atrocities inflicted on Women in society, by way of Eve teasing, domestic violence, discrimination shown in education of the girl child, etc. This was followed by the Principal and WEC coordinator Dr. Charushila J. Bhangale addressing the boys and girls of the school children and present people on the critical significance of human values, gender justice, equal opportunities and elimination of violence against women. The event concluded with a flash mob on Gender Sensitization. The Program was coordinator by Ms. Kaveri T. Vaditake.

Photo Gallery





COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University, Pune







CHINCHOLI 422 102 1

Ms. Kaveri T. Vaditake Coordinator Dr. C. J. Bhangale Principal Principal

Cellege of Pharmacy, Chincholi Tal. Signar, Dist. Nashik 422102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University. Pune

Report on "Women's Sexual Harassment at Workplace"

Name of Department/ Committee	Internal Complaint Committee
Name of the event	Awareness raising workshop on "Women's Sexual Harassment at Workplace"
Title of the event	Awareness raising workshop on "Women's Sexual Harassment at Workplace"
Date	08 th March 2021
Name of the coordinator	Mrs. Sangita Bhandare
Name of the Expert	Advocate Mr. K. T. Sonawane Ms. Darshana Sarala Arun
Objective of the event To raise general awareness about the Sexu Harassment of Women at Workplace	
No. of Participant (Student+ Staff)	192+10

Details of the Event

Awareness raising workshop conducted on "Women's Sexual Harassment at Workplace" under the Internal Complaint Committee cell on 08/03/2021 in P.R.E.S's, College of Pharmacy (For Women), Chincholi, Nashik. Programme started by welcome and felicitation of Advocate Mr. K. T. Sonawane and Ms. Darshana Sarala Arun by Principal Dr. Charushila J. Bhangale.

Advocate Mr. K.T. Sonawane gave information and provided guideline regarding women's sexual harassment at workplace aware to our students about sexual harassment is criminal offence, which can destroy human dignity and freedom. He gave information about laws of protecting women in such cases.

Ms. Darshana Sarala Arun discussed on topic "Me and My Rights" introduced the safety majors of women in sexual harassment also introduced different lows of protecting women in such cases.

Students discussed their questions regarding law for women's safety at working area. Students got aware about different laws of protecting women's. Dr. Ramdas Dolas Mr. Vikas Kunde, Mrs. Sangita Bhandare, Ms. Kaveri Vaditake and other committee members and students were present for workshop. The Program was concluded by proposing the vote of thanks by coordinator Mrs Sangita Bhandare.



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.wcopcpravara.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University. Pune

Photo Gallery







Jan.

Ms. Kaveri T. Vaditake Coordinator Dardose

Mrs. Sangita Bhandare Presiding Officer Dr. C. J. Bhangale

Principal
Cellege of Pharmacy, Chinchell
Tal. Signar, Dist. Nashik 422102



COLLEGE OF PHARMACY (FOR WOMEN)



Chincholi, Tal. Sinnar, Dist. Nashik 422103, Maharashtra, India Ph.No. (02551)271178, Fax No. : (02551)271178

Website: www.pravarapharmacy.in Email ID: pravaracopc@yahoo.co.in

Approved by A.I.C.T.E., Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra Affiliated to Savitribai Phule Pune University, Pune

Report on "Nirbhaya Kanya Abhiyan" (Academic Year 2020-21)

Name of Department/Committee	Student Development Department
Name of event organized	"Nirbhaya Kanya Abhiyan"
Date of event organized	10 th March 2021
Name of the coordinator of event	Mrs. Sangita Bhandare
No. of Participant (Student+ Staff)	190+10
Name of the Expert with designation	Mr. Dipak, Shotokan Karate, 9284345657
with Contact Number	Dr. Amarja Jagtap, 9158776404
	Ad. Anu Mogal, 9421510079
Objective of the event	The main objectives of Nirbhaya Kanya Abhiyan
	includes training for rural students for self-
	defense. To conduct the lecture on Health of girls
	and laws related to Women Sexual harrasement.
Outcome of the event	1.Students understood the precautions to be taken for
	Health in COVID,
	2. Gained the knowledge about the Laws for the rights
	of the women
	3. Learnt different steps of Karate for Self defense in
	the difficult situation.

Details: Student Development department of PRES's, College of Pharmacy(For Women), Chincholi organized Karate Session of Mr. Dipak from Shotokan Karate, second Black band under the Nirbhaya Kanya Abhiyan on 10th March 2021. Nirbhaya Kanya Abhiyan introduced by the Savitribai Phule Pune University to develop the confidence and personality of a lady student who comes from the rural areas and are deprived sections of society. Students have to travel daily by bus or other means of transport to attend their respective college / institutes. It is very likely that these lady students during their travel may experience all sorts of atrocities in a challenging environment, which prevails today.

Colloge also organized Guest lecture on "Women Health and Mental stress in Covid-19" by Dr. Amarja Jagtap who explained about importance of heath and How to handle mental stress during Covid -19. Lastly guest lecture organized on "Laws related to Women Sexual harrasement on 10th March 2021 by Advocate Anu Mogal who explained about different laws for women.

Photo gallery









Co-ordinator (Mrs. Sangita Bhandare)



Principal (Dr. Charushila. J. Bhangale)