



PRAVARA RURAL EDUCATION SOCIETY'S
COLLEGE OF PHARMACY (FOR WOMEN)
NASHIK

INDEX

Criteria No: 7

Metric No: 7.1.9

File Name: *Institution Celebrates/ organizes Commemorative Days, events and festivals*

Sr.no.	Content	Page number
1	Poshan Maah	2-3
2	A Special Guidance Program on "Women Health"	4-5
3	"Women Self Defence-Meir Raksha Meri Jimmedari"	6-7
4	Road safety Tanning	8
5	Gandhi Jayanti	9
6	Savitribai Phule Jayanti	10
7	Shivjayanti din	11



Phangale

Principal

College of Pharmacy, Chincholi
Tal. Sinnar, Dist. Nashik 422102

Approved by AICTE, Pharmacy Council of India, New Delhi and recognized by Govt. of Maharashtra
AISHE Code No. C-44115

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Report on Poshan Mah 2022

Name of Department/ Committee	National Service Scheme (DSF114)
Title of the event	<i>Poshan Maah 2022.</i>
Date	24/09/202 to 30/09/2022
Name of the coordinator	Mrs.Kaveri M.Nannor ,Mr. Sachin Somwanshi
Name of the Expert	Dr.Ashish Shinde (Gynaecologist) Miss.Harshada Aher (Yoga Trainer)
Objective	- To carry out various activities focusing on the health of the women and the children. -To eliminate malnutrition in the country.
Outcome	-Students and womens of village and school students of villages got information about health and nutrition to overcome malnutrition and health problems.
No. of Participant	180

Pravara Rural Education Society's, College of Pharmacy (For Women) has celebrated *Poshan Maah* from 24/09/202 to 30/09/2022 with the goal of elimination of malnutrition in the country. NSS unit performed various activities such as

1. School students interaction on healthy diet and health hygiene
2. Seminar on women's neutrional diet and health hygiene by Dr Ashish Shinde on 27/09/2022
3. Conducted 7 days Yoga shibir for students under the guidance of yoga teacher Miss.Harshada Aher from 24/09/2022 to 30/09/2022.

The principal of the college, Dr. Charushila Bhangale, HODs of the respective departments, coordinators, teaching and non-teaching staff as well as students participated wholeheartedly to make the programme a success.

Photo Gallery

1.SCHOOL STUDENTS INTERACTION ON HEALTHY DIET AND HEALTH HYIGENE

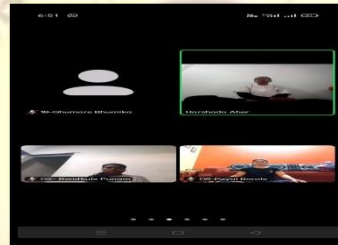




2. SEMINAR ON WOMEN'S NUTRITIONAL DIET AND HEALTH HYGIENE BY DR ASHISH SHINDE



3. CONDUCTED 7 DAYS YOGA SHIBIR FOR STUDENTS UNDER THE GUIDANCE OF YOGA TEACHER MISS. HARSHADA AHER FROM 24/09/2022 TO 30/09/2022



NAAC



Mr. Kaveri M. Nannor
NSS Coordinator

Dr. C. J. Bhangale
Principal
College of Pharmacy, Chincholi
Tal. Sinnar, Dist. Nashik 422102



Report

Name of Department/ Committee	National Service Scheme (DSF-114)
Title of the event	A Special Guidance Program on "Women Health"
Date	25/01/2023
Name of the coordinator	Mrs. Kaveri T. Vaditake_Nannor
Name of Expert Person	Mrs. Sangita Jadhav
Objective	<p>To address the unique healthcare needs of women.</p> <p>To focus on mental health aspects, addressing stress management, anxiety, depression, and the importance of seeking support and counselling when needed.</p> <p>To offer guidance on maintaining a healthy diet, exercise, and lifestyle choices.</p> <p>To empower women to advocate for their health rights, encourage participation in decision-making regarding their health, and support initiatives promoting women's health equity.</p>
No. of Participants	50
Details: <p>PRES's, College of Pharmacy (For Women), Chincholi, Nashik organized a special guidance program on "Women Health" at Mohu Village under the guidance of Mrs. Kaveri T. Vaditake, NSS Programme Officer for NSS volunteers and local girls and ladies on 25/01/2023 at 2.00 pm. Mrs. Sangita Jadhav was the expert person who provided comprehensive guidance and support to women, addressing various aspects of their physical, mental, and emotional well-being. She also focused regarding maintaining a balanced diet, understanding nutritional needs, and addressing dietary concerns specific to women's health stages.</p> <p>A program with these objectives can significantly contribute to enhancing women's health outcomes by providing them with the necessary knowledge, resources, and support to make informed decisions about their health and well-being.</p>	
Photo Gallery	



GPS Map Camera
Sinnar, Maharashtra, India
WW5P+P78, Mohu, Sinnar, Maharashtra 422102,
India
Lat 19.909218°



GPS Map Camera
Nashik, Maharashtra, India
Unnamed Road, Maharashtra 422102, India
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25/01/23 03:09 PM GMT +05:30



GPS Map Camera
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India



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GPS Map Camera
Sinnar, Maharashtra, India
WW5P+P78, Mohu, Sinnar, Maharashtra 422102,
India
Lat 19.909185°

Vaditake

Mrs. Kaveri T. Vaditake
NSS Co-ordinator



Bhangale

Dr. C. J. Bhangale
Principal
Principal

Approved by AICTE, Pharmacy Council of India, New Delhi
NAAC ACCREDITED - A Grade
College of Pharmacy, Chincholi
Tal. Sinnar, Dist. Nashik 422102



Report

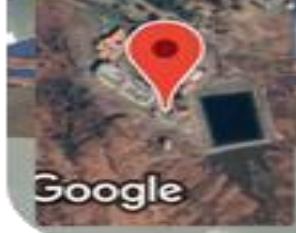
Name of Department/ Committee	Student Development Department
Title of the event	SPPU sponsored workshop on “Women Self Defence-Meri Raksha Meri Jimmedari” under Nirbhaya Kanya Abhiyaan
Date	15 th February 2023
Name of the coordinator	Mrs. Sangita Bhandare
Name of the Expert	Mrs. Shivani Kotkar, a self-defence instructor
Objective	The main objectives of Nirbhaya Kanya Abhiyan includes development of self-confidence how to defend oneself in any situation, training in self-defense and finally make them fearless and be ready to face any unwanted situation. To organize the lecture on Importance of Health and laws related to Women.
Outcome	Students understood the importance of Health and hygiene. Gain Knowledge about different laws for women and different steps of Karate for Self defence.
No. of Participants	197
<p>PRES's, College of Pharmacy (For Women), Chincholi, Nashik have conducted self defence programme “Women Self Defence-Meri Raksha Meri Jimmedari” under Nirbhaya Kanya Abhiyaan sponsored by Student Development Department of Savitribai Phule Pune University, Pune on 15th February 2023. Mrs. Shivani Kotkar, a self-defence instructor, delivered their skills about self-defence for our students under programme. The main objectives of Nirbhaya Kanya Abhiyan includes development of self-confidence, how to defend oneself in any situation, training in self defence and finally make them fearless and be ready to face any unwanted situation.</p>	
Photo Gallery	



Nashik, Maharashtra, India
Pravara Rural Education Society's College of Pharmacy (For Women's) Chincholi, Maharashtra 422102, India
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Long 73.933909°
15/02/23 10:03 AM GMT +05:30



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Pravara Rural Education Society's College of Pharmacy (For Women's) Chincholi, Maharashtra 422102, India
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15/02/23 10:05 AM GMT +05:30

(Mrs. Sangita Bhandare
Co-ordinator



Dr. C. J. Bhangale
Principal

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Tal. Sinnar, Dist. Nashik 422102

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Report 14 Feb 2023
ROAD SAFETY TRAINING

Name of Department/Committee	National Service Scheme (DSF114)
Name of event organized	ROAD SAFETY TRAINING
Title of the event	ROAD SAFETY TRAINING
Date of event organized	13 /02/2023 to 14/02/2023
Name of the coordinator of event	Miss.Kaveri T.Vaditake
No. of Participant (Student+ Staff)	Students participated (150)
Name of the Expert	Traffic safety Training Park ,Nashik
Objective of the event	-To improve lives by mobilizing to caring power of communities to advance te common good
Outcome of the event	-All awared about rules and safety and importance of safety.

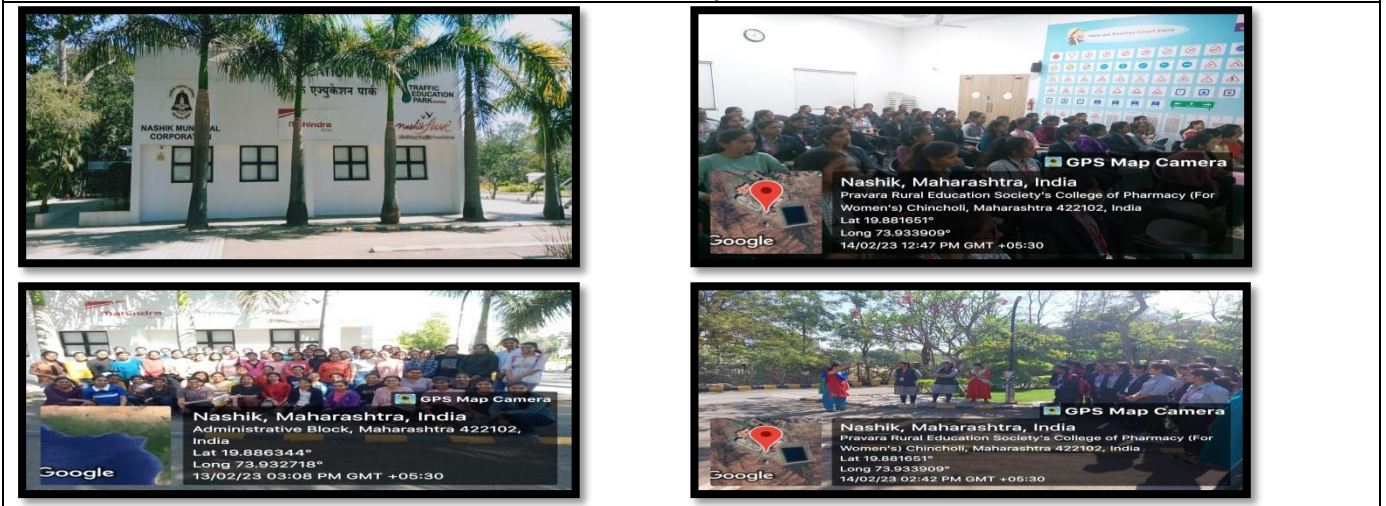
Details of event:

Our institute and NSS unit organized road safety training for students to aware about road safety. The team of **Traffic Education Park , Nashik** gave a training on road safety and to improve lives by mobilizing te caring power of communities to advance the common good. .

Officers gave information on road safety rule and mobilization of caring power of communities to advance the common good.

Miss.Kaveri Vaditake thanked to all team members and speaker. Students were satisfied about the training.

Photo Gallery



Mr. Kaveri M. Nannor
NSS Coordinator



Dr. C. J. Bhangale
Principal

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Tal. Sinnar, Dist. Nashik, Maharashtra
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Report on Gandhi Jayanti 2022

Name of Department/ Committee	National Service Scheme (DSF114)
Title of the event	Gandhi Jayanti 2022 (Clean India Campaign)
Date	03/10/2022
Name of the coordinator	Mrs.Kaveri M.Nannor
Objective	- To secure a culture of peace, tolerance, understanding, and nonviolence. -To achieve universal sanitation coverage and to encourage hygienic sanitation practice.
Outcome	-Students and people voluntarily involved in cleaning activity.
No. of Participant	96

Pravara Rural Education Society's, College of Pharmacy (For Women) has celebrated **Gandhi Jayanti on 2nd Oct 2022** with the goal to To secure a culture of peace, tolerance, understanding, and nonviolence and to achieve universal sanitation coverage and to encourage hygienic sanitation practice.

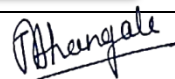
The principal of the college, Dr. Charushila Bhangale, HODs of the respective departments, coordinators, teaching and non-teaching staff as well as students participated wholeheartedly to make the programme a success.

Photo Gallery




Mr. Kaveri M. Nannor
NSS Coordinator




Dr. C. J. Bhangale
Principal
College of Pharmacy, Chincholi
Tal. Sinnar, Dist. Nashik 422102



Report on Savitribai Phulee Jayanti 2023

Name of Department/ Committee	National Service Scheme (DSF114)
Title of the event	Savitribai Phulee Jayanti 2023
Date	03/01/2023
Name of the coordinator	Mrs.Kaveri M.Nannor
Name of the Expert	Dr.Charushila Bhangale
Objective	To aware students about work done by Savitribai Phule in education for women.
Outcome	Students awared about work done by savitribai phule in education.
No.of Participant s	25

Photo Gallery



Kaveri M. Nannor

Mr. Kaveri M. Nannor
NSS Coordinator

Dr. C. J. Bhangale

Dr. C. J. Bhangale
Principal
College of Pharmacy, Chincholi
Tal. Sinnar, Dist. Nashik 422102



Date :19/02/2022

Report on Shivrajyadin 2023

Name of Department/ Committee	National Service Scheme (DSF114)
Title of the event	Shivjayanti din 2023
Date	19/02/2023
Name of the coordinator	Mrs.Kaveri M.Nannor
Name of the Expert	Dr.Charushila Bhangale
Objective	Today's generation needs to know about the deeds of Chhatrapati Shivaji Maharaj. The ideas of Chhatrapati Shivaji Maharaj need to be propagated
Outcome	-All student got motivated by work of Chhatrapati Shivaji Maharaj.
No. of Participant	168

Photo Gallery

