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**PRAVARA RURAL EDUCATION SOCIETY'S,
COLLEGE OF PHARMACY (FOR WOMEN),**

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In this Issue...

- **Vision & Mission**
- **Editorial**
- **Students Council 2017-18**
- **Achievements /Honours**
- **College Activities**
- **Cultural News**
- **Programs Organized**
- **Alumni Interactions**
- **Industrial Visit**
- **Article Published**



Vision

To emerge as the most preferred pharmacy educational institute with global recognition and developing competent and socially sensitive pharmacists committed to healthcare needs of society.



Mission

To develop students as global citizen with conscience, commitment and dedication.

To create world class facilities and ambience for advanced level of teaching, research and practical training.

To recruit and retain highly motivated and qualified faculty to promote the cause of teaching and learning.



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B. Pharm Final Year

STUDENTS COUNCIL 2017-2018

| Sr. No | Name of Students | Elected Post |
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| 1. | Vrushali Manjare | President, B. Pharm Final Year |
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| 9 | Chiatali Bornare | Class Representative, B. Pharm Third Year |
| 10 | Suvarna Gite | Class Representative, B. Pharm Final Year |

ACHIEVEMENTS/ HONOURS

• Oral Presentation Given By Final Year Students in SpeakUp: State Level Symposium On “Communication: A Way Forward”

Final year students, Ms Ashwini S. Nagare, Ms Snehal S. Londhe and Ms Sandhya K.Pagar delivered oral presentation at SpeakUp: State Level Symposium on “Communication: A Way Forward” having Subtheme: Automated communication on 15th September 2017 at SNDT Women’s University, Premlila Vithaldas Polytechnic College, Santacruz, Mumbai. The topic entitled “Telepharmacy 21 century Information and Communication Technology to Deliver pharmacy services” was presented by the students under the guidance Prof. Mr Sachin B. Somwanshi. Principal Prof. Mrs. C.J. Bhangale of college congratulate students for their hard work, intellectual and motive to do and assured them a constant support from college in their future.



COLLEGE ACTIVITIES

• Yoga Day Celebration

Pravara Rural Education Society's, College of Pharmacy (For Women) has celebrated "International Yoga Day" on 21st June 2017 at Auditorium hall, at college campus, Chincholi at 10.00 am. Programme was inaugurated by the hands of Mrs. karnataki and Mrs. Lokhande in the gracious presence of Principal Prof. Mrs C.J. Bhangale. All the guests have lightened the lamp and worship the goddess sarswati. All the guest were welcomed by the floral bouquet. Prof. Mrs C.J. Bhangale and Chief Guest Mrs Kataria madam narrated the importance of yoga in the life and advised the students to give some place to it in their life. Around 190 students along with the teaching faculty were present on the occasion. A later student celebrated the yoga day by performing varies yogasans with the direction given by instructor Mrs Kataria. She discussed importance of some Pranayam exercises such as suryanamaskar, kapalbharti, Omkar, Mulbandh, Agnisar, anulom Vilom, omkar etc. Mrs C.J. Bhangale Principal of College of Pharmacy, Chincholi, and NSS program officer Mr. V.D. Kunde interacted with the student about yoga exercise and explain student how yoga helps to achieve control over the mind & flexibility of the body. Mrs. Sangita Bhandare asked the students to do yoga exercise according to their problems related with body. Miss kaveri Vaditake presented the Vote of thanks. All Teaching and non teaching staff took efforts to made this event successful.



• Tree Plantation Program

NSS unit of PRES.s' College of Pharmacy (For Women), Chincholi has celebrated "Van Mahostav" on 03rd July 2017. On this occasion, 100 saplings of different plants like Neem, Kashid, Karanj, Shisaw, Acacia and many more plants were planted in the college

premises. The Alumni of the college Miss. Monisha Sengupta was chief guest of this program. Plantation was performed by the hands of Principal Mrs. C. J. Bhangale, Miss. Monisha and all the teaching and non Teaching staff members and students of college. Prof Mrs. C. J. Bhangale has explained the importance of tree plantation and motivated the students to actively involved not only in plantation and but to look after its survival. All the students of NSS unit under the guidance of NSS Programme officer Mr. V. D. Kunde work hard for the success of programme.



• **Pledge Taking Ceremony**

Pledge taking ceremony was celebrated on 9th August 2017 at PRES'S College of Pharmacy (for women), Chincholi, Nashik by the NSS Unit and other students. Principal Mrs. C. J. Bhangale was chief guest of this program. Primary objective of "Celebration of Pledge Taking Ceremony 2017-18" is to aware the students about sacrifice of our revered freedom fighter during the freedom struggle. Prof. Mr. V.A. Kashid guided the students regarding benefits of Pledge taking ceremony.



- **117th Padmashri Dr.Vitthalrao Vikhe Patil Birth Anniversary**

PRES's, College of Pharmacy (For Women), Chincholi, Nashik celebrated the 117th Birth Anniversary of the founder Padmashree, Dr. Vithalrao Vikhe Patil on, 07th August 2017. The programme commenced with the welcome address by Principal Prof. Charushila Bhangale. It was followed by the lamp lighting by Principal Prof. Charushila Bhangale and Chincholi Gram Panchayat officials. Prof. V.A. Kashid then addressed the gathering and enlightened the students with life and philosophy of Padmashree, Dr. Vithal Rao Vikhe Patil. He laid emphasis on values shown by our revered founder. He gladly informed the students that in memory of Padmashree Dr. Vithalrao Vikhe Patil's contribution towards farmers and to honor the their fraternity, Government of Maharashtra through its Government Resolution (GR) declared the birthday of Padmashree Vithalrao Vikhe-Patil as 'Shetkari Din' (Farmers' day). The event concluded by the vote of thanks delivered by Prof. R.T. Dolas.



- **Independence Day**

Independence Day celebrated with special function. Principal hosted the national flag on the day. After the flag hoisting, National Anthem song is sung and parade ceremonies by college security. The Principal delivered message on the occasion and paying tribute to the freedom fighter and leaders of the Indian independence movement who had sacrificed their lives.



CULTURAL NEWS

• Orientation program 2017

P.R.E.S.'s, College of Pharmacy (For Women), Chincholi, Nashik organized an orientation program for newly admitted first year B. Pharm on 1st August 2017. The objective of event is as follows;

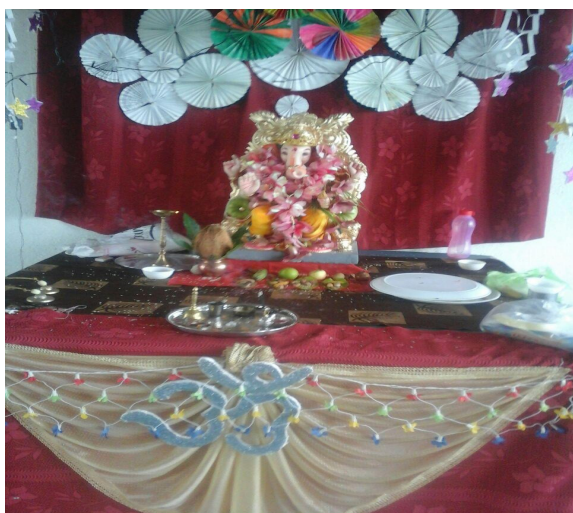
- To introduce students to college services which will support their educational and personal goals ex. library, information technology, and academic and student services departments
- To facilitate initial academic advisement, course selection, and registration.
- To familiarize students with the campus environment and physical facilities.
- To create an atmosphere that minimizes anxiety, promotes positive attitudes, and stimulates an excitement for learning.
- To provide a welcoming atmosphere for students and families to meet faculty, staff, and continuing students, as well as other new students.
- To provide employment, leadership, and learning opportunities for continuing students as pack leaders, through selection, training, and supervision.

Mr. Kiran B. Dhamak introduced about the academic schedule and new syllabus of first year B. Pharmacy to students. He also introduced all the respective subject faculty to parents and students. Vote of thanks was proposed by Prof. Kaveri Vaditake. Programme was concluded by Prof Kiran Dhamak with National Anthem. All teaching and non teaching staffs had taken effort to make such event successful and fruitful. Program ended with delicious lunch.



- **Ganesh Festival Celebration**

The ceremonial installation of “Ganpati Bappa” was celebrated on 25th August 2017 on auspicious day of Ganesh Chaturthi in presence of Principal of college and teaching, non-teaching staff and students. This festival has been celebrated from last 7 years. During this festival students, teaching and nonteaching staff worshiped the god Ganesha. The various cultural events were organized at college.



PROGRAMS ORGANIZED BY COLLEGE

• Open Campus Interview of Glaxo Smithkline Ltd. Ambad, Nashik

Open Campus interview of Glaxo Smithkline Ltd. Ambad Nashik was organized by PRES's, College of Pharmacy [For Women] Chincholi, Nashik on 30th June 2017. Guest were discussed the various parameters on aspects of Industrial needs and performance of students as newcomers. They have also addressed the students before the interview in demand of what they are expecting the newcomers should come prepare? There were almost 21 students who attended the interview. The Interview was conducted in two rounds which included written test for technical, aptitude and communication of students followed by personal interview. Four candidates were selected as Graduate Trainee Apprentices in various departments like Quality Assurance/ Quality Control/ Production based at Nashik and were issued the offer letter for the same. The Team from Glaxo Smithkline who conducted the whole process included Mr. Moreshwar Damale (Asso. Director HR), Mr. Deepak Sawade (Head of QA) and Mr. Sunil Wasmatkar (Head of Production) and his team appreciated the efforts of college in organizing the open campus interview and thanked to Principal Prof. C.J. Bhangale. The interview was well coordinated by Mrs. Vandana P. Aher, Mr. Kiran B. Dhamak, Training & Placement Cell of P.R.E.S.'s, College of Pharmacy (For Women), Chincholi, Nashik and Mr. Suhas Londhe, Training & Placement Cell Officer, SVIT, Nashik.



- **Seminar on "Career Prospects After Pharmacy Entrepreneurship"**

PRES's, College of Pharmacy (For Women), Chincholi, Nashik organized seminar on "Career Prospects After Pharmacy Entrepreneurship" on 05/07/2017 for students. Ms Monisha SenGupta was guided students regarding Entrepreneurship after Pharmacy. Mrs. V. P. Aher, coordinator of TPC Department, welcomed her. She has highlighted effectively about course content of entrepreneurship and helped to develop relevant skills. This session suggests student's value instruction on entrepreneurship. Total 52 students were present for the lecture.



- **College Social Responsibility Cell Activities: Cleanliness Awareness and Drug Rehabilitation Programme**

The PRES's, College of Pharmacy (For Women) initiated the Swachh Bharat Abhiyan under College Social Responsibility (CSR) Cell in nearby villages by asking them to take up a programme for cleanliness. Under the guidance of Prof. V.A. Kashid, on the occasion of Independence Day, awareness programme was conducted in Village Songiri on 15th August 2017. During this, various cleanliness activities were taken up. Our College Students were performed Street Play on cleanliness and drug rehabilitation. Prof. V.A. Kashid was delivered speech on the behalf of college. All the representatives of Gram Panchayats, officials, residential, teachers and students took part with enthusiasm. The oath for cleanliness was taken by all present as per the guidelines prescribed by the

Govt. of India. For making successful event, Principal Prof. C.J. Bhangale, Prof. V.A. Kashid, Prof. A. V. Baviskar and other supportive staffs ok their efforts.



- **Orphanage Visit**



The NSS volunteers of PRES's, College of Pharmacy (For Women) were given the visit to orphanage on Monday 28th August 2017. The orphanage is ADHARTIRTH near to

Trimbakeshwar. The aim of this visit was to help those children by giving them some fund, donating clothes, and toys. Some children were helped by giving some stationary to them. NSS Volunteers entertained them by telling jokes, performing drama related to importance of cleanliness, self defence and many more. The children also get actively participate in this activity. Prof. R. J. Bhor, Prof. K. T. Vaditake Mrs. R. T. Jadhaw, Mrs. S. N. Mungase and Mrs. Gaikwad and Mrs. Ghuge were participated.

- **Nature Trip**

NSS Cell of PRES's, College of Pharmacy (for women), Chincholi, organized the nature trip on 28th August 2017 at KULPITH near to Trimbakeshwar and surrounding nature of the Trimbakeshwar. 60 NSS Volunteers along with 6 staff participated in this nature trip. Students were divided in group of 10 along with one staff member and they travelled 500 feet top distance from the ground level. All were enjoyed the beauty of nature and enjoyed their food as "VANABHOJAN".



ALUMNI INTERACTIONS



Ms. Sunita Nawale delivered nice lecture on Topic "Preparation of Competitive Exam"



Ms Ayushi Shah guided students on Topic
"Career Guidance and Career option after B. Pharmacy"

INDUSTRIAL VISIT



Final Year B. Pharmacy Students visited Ashwamedh Laboratories, Nashik

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**REVIEW ARTICLE****Study of Gestational Diabetes Mellitus: A Brief Review**

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ABSTRACT:

Gestational diabetes mellitus (GDM) is highly prevalent metabolic disorder varied in degrees of intensity starting with pregnancy or noticed during pregnancy. It is associated with maternal and neonatal adverse outcomes. The prevalence of GDM is increasing worldwide and parallel to the increment in the prevalence of obesity and type 2 diabetes mellitus. It is essential to diagnose and treat GDM early, in order to reduce or avoid complications for mother and fetus. There is a lack of uniformity in screening and diagnosing GDM globally. This review covers the latest update in the diagnosis and management of GDM. Treatment must be individualized for best results, including a medical nutrition therapy supplementary diet and exercise. If these measures fail to control the blood glucose levels, the use of pharmacologic interventions should be initiated includes mainly Insulin and their analogs. Other oral antihyperglycemic agents such as Metformin and Glyburide are also discussed, in face of new facts regarding their safety and efficacy during pregnancy.

KEY WORDS: Gestational Diabetes Mellitus (GDM), Pregnancy, Complications, hyperglycaemia, Treatment.

Sachin B. Somwanshi et al / Int. J. Res. Ayurveda Pharm. 8 (Suppl 3), 2017

**Research Article**

www.ijrap.net

**FORMULATION AND EVALUATION OF COSMETIC HERBAL FACE PACK FOR GLOWING SKIN**

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ABSTRACT

The objective of this work is to formulate and evaluate a cosmetic herbal face pack for glowing skin by using natural ingredients. With the varying concentrations, four different formulations containing ingredients such as multani mitti, turmeric, aloe vera, sandal wood, orange peel, neem and nutmeg, were prepared named as F1 to F4. All prepared formulations were evaluated by different parameters like organoleptic properties and physico-chemical parameters and stability along with irritancy test and microbial load. Among all formulation, F2 was found to be good in physical parameters, free from skin irritation and maintained its consistency even after stability storage conditions and also having microbiological stability.

Keywords: Face Pack, Cosmetics, Natural, Formulation, Evaluation

The Pitfalls of Growing Nanomedicine in Relation to the Specific Nanoscale Properties: Mini Review

Abstract

Nanomedicine is now proposed as an alternative to classical way for diagnosis, imaging agents, delivery and targeting. For the past few decades, there has been a considerable research interest in the area of drug delivery using as different nanoscale carriers for small and large molecules including liposomes, nanoparticles, antibodies etc. There is an urgent need to improve the understanding of toxicological implications of nanomedicines. Particular health risk of nanotechnology application in nanomedicine is still unknown, but researchers are gradually putting up theories to prove that nanotechnology pose many threats to human health as well as the environment. The current mini review presents the pitfalls of growing nanomedicine with nanoscale properties.

Keywords: Nanomedicine; Nanotechnology; Nanomaterials; Nano toxicity

Mini Review

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NEWS REPORTED

फार्मसी कॉलेजचे यश
 सित्तर फाटा : प्रवरा ग्रामिण
 शिक्षण संस्थेच्या
 चिंचोली येथील
 फार्मसी कॉलेजच्या
 अश्विनी आंधळे या
 विद्यार्थिनीने ७६.६२
 टक्के प्राप्त करून
 एसएनडीटी महिला
 विद्यापीठात दुसरा क्रमांक पटकावला
 आहे. रोहिणी खाडे ७६ टक्के तिसरा
 तर अर्चना गडाख ७४.३८ टक्के गुण
 मिळवून पाचवा क्रमांक पटकावला आहे.



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